



JUSTICE BASHEER AHMED SAYEED COLLEGE FOR WOMEN (Auto)
College with Potential for Excellence

CENTRE FOR WOMEN'S STUDIES
(UGC SPONSORED)

ANNUAL REPORT FOR THE YEAR 2020-2021

DR. S. JAMEELA M.A, M.PHIL, PH.D
DIRECTOR
CENTRE FOR WOMEN'S STUDIES
JBAS COLLEGE FOR WOMEN

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The Centre for Women's Studies of J.B.A.S College for Women, is the first UGC Sponsored Centre under the University of Madras, established in 2005. Dr.S Jameela, M.A, M.Phil, Ph.D is the Director of the Centre.

VISION

- ❖ Promoting all forms of gender equity that reflect the needs and aspirations of women.
- ❖ Educating women students about social inequalities that result from various social events that exist in the society.
- ❖ Empowering students and women through a feminist approach which would enable them to think more critically about their own lives & inspiring them to work as active citizens for social justice.

MISSION

- ❖ The Centre for Women's Studies provide feminist centered, *gender and identity aware programmes.*
- ❖ Extends support and expands research on women's issues.
- ❖ Promotes networking , advocacy and support for women and also serves as a source of information on gender related activities and issues.
- ❖ The centre is committed to the preservation, expansion and transmission of knowledge about women.

HISTORY OF THE CENTRE

- The Centre for Women's Studies of J.B.A.S College for Women, (Autonomous) Teynampet, Chennai was established in 2005 with the financial assistance of the University Grants Commission, (U.G.C) New Delhi under the X Plan. It has now successfully completed 16 years.
- The Centre has the distinction of being the **first** UGC sponsored Centre among the Colleges in the Chennai City. The objectives of the Centre are **Teaching, Training, Research and Advocacy**. The Centre has continuously expanded its scope and creatively responding to the needs of staff, students and women.

OBJECTIVES

- The four cutting edge objectives of the Centre are Teaching ,Training, Research and Advocacy for the betterment of women.
- Developing / exploring data on issues of contemporary concern.
- Providing a forum for debate on Women's issues.

- Networking with women's groups, NGO's, academicians, *research scholars and community in general.*
- Building "Women's Studies" as an Epistemic Community.
- Creating awareness about the Legal Rights of Women

INFRASTRUCTURE

- The Centre has good infrastructural facilities.
- A library with a high quality collection of books on women.
- A Class room with good furniture for conducting Non-Major-Elective classes, Special Lectures and Competitions.
- Internet Connection and landline facility
- Computers and associated facilities for smooth functioning of office.

TEACHING PROGRAMMES OFFERED:

The Centre offers two Non-Major- Elective inter-disciplinary papers for the UG Students of the forenoon Session under the CBCS during the III and IV semester. 68 students across various departments have opted for the papers. Classes are handled by Mrs. V. Devi, Assistant Professor, Dept. of Political Science.

- (I) AN INTRODUCTION TO WOMEN'S STUDIES
- (II) Women's Rights and Laws in India

CWS – (ACTIVITIES FOR 2020-2021)

- ✚ A **WEBINAR** on the theme "MINDFULL TO MINDFUL" was conducted on 26.05.2020 in association with the NGO, Global Adjustments. This webinar benefited more than 250 participants. Dr. Ranjani Manian, founder, Global adjustments was the resource person. The objective of the session was to create mindfulness about physical and mental health during this Pandemic situation and enable concentration and clarity on our day to day professional and personal spheres. This webinar was focused on how to live a happy life by refocusing on one's mind. All participants were provided E- Certificate.
- ✚ A **WEBINAR** on the theme "LEARNING TO LIVE WITH COVID "on 03.06.2020 and the speaker of the day was Smt. Ramya Balakrishnan, Director, People Possibility advisory, Malaysia. More than 100 faculty and students participated in the webinar. The objective of the session was to impart awareness about the impact and consequences of COVID and equip oneself to accept the new normal. The participants were provided E-certificate

✚ The CENTRE FOR WOMEN'S STUDIES conducted a **WEBINAR** about "CHALLENGES AND CHANCES FOR TODAY'S WOMEN" on 02.07.2020" The Resource person was Mrs. A.Vijayalakshmi, Psychological counselor and Patron, Yuvasakthi (NGO). Around 100 participants both from JBAS and other colleges participated in the webinar. The participants were enlightened about the various problems and challenges faced by women of today and in the COVID situation. She also deliberated on the chances women get, to be empowered. The participants were provided E-certificate.

✚ As an initiative towards stress management for the students and to focus on the challenges faced by women in the pandemic situation, an **ONLINE INTER DEPARTMENTAL CONTEST**

was conducted by the CWS, on the theme "Resilience in the phase of change" on 19.12.2020. Various competitions like - Say it with a song (singing), Dance, Poster Making and Painting were conducted. The competitions were judged by Mrs. Sridevi, Classical Dancer, Hyderabad (Dance), Mr. Bobson Churchill, Singer and web developer, Bangalore (Singing), Ms. Susharitha, Artist & Speed Painter, Chennai (Painting) and Ms. Priya Dhandapani, social worker, Founder and CEO of "this is my story", Chennai (Poster Making). 95 Students from most departments of J.B.A.S participated and Prizes (Certificates) were given to the winners. All participants were given E-Certificates.

✚ The CWS, in association with Global Adjustments Foundation conducted an **ONLINE CERTIFICATE PROGRAMME** (5 weeks, 2hrs/ week on Saturdays only) on "Champion Woman Life Leadership" from 06.03.2021. Mrs. Lakshmi Subramanian, Coordinator (Global Adjustments) was the resource person. 205 students from all departments registered for the course. The objective of the course was to help aspiring young women to become achievers, to make them employable, to equip them with tools for life leadership, to fill the gender gap in India's productive workforce and to create a generation of self-powered women with values. The course content was designed to accomplish its objectives. Self image enhancement, holistic growth and self confidence building were the outcomes of the course. E-Certificates were granted to all the registered participants.

✚ **WOMEN'S DAY** was celebrated on 08.03.2021 at the Golden Jubilee Seminar Hall, J.B.A.S following the SOP of COVID guidelines. The Chief Guest was Ms. Nisha Nujumudeen, Economist, Govt. of India, Assistant Professor@ Hindustan University, Motivational speaker and Miss Kerala 2019. She deliberated on "O' BeYoutiful Women:Develop Leadership Skills and become Visible". The students were motivated and inspired. Justice G. M. Akbar Ali, Advisor to S.I.E.Trust graced the occasion and gave away the Prize for the Best Logo. (An Online contest was conducted by the CWS to design a logo for the Centre. 95 students participated). E-Certificates were given to the participants.

✚ 2-DAYS GENDER SENSITISATION PROGRAMME, IN

association with IQAC was conducted on 27th and 29th March, 2021 through Virtual mode (Cisco Webex). On Day 1, Ms. R.K. Nithyashri, Lead Nutritionist, educated the students on "Health sensitivity for girls in the new normal" and Ms. B.A. Ashiq Cidhara, President of Yuva Sakthi Youth Welfare Association delivered a lecture on "Sensitizing the self against the insensitivity of others". On Day 2, Ms. Nisha Nujumudeen, Economist, Govt. of India, National Level motivational speaker, Director of Jolabee Commerce Pvt. Ltd. Deliberated on "Women empowerment and Gender equality". 160 registered participants were benefitted and E-Certificates were provided. The Programme closed with prize distribution for various competitions conducted in association with Yuva Sakthi (NGO).

✚ **RESEARCH:** The Centre for Women's Studies, in association with the Dept.of Psychology and Placement Centre, conducted a research survey on, "Psycho Social Impact of COVID 19 among students of J.B.A.S. College for Women.

✚ The Director, CWS, ***Dr. S. Jameela was the Resource Person*** for the Webinar on "Gender Equality and Women Empowerment" conducted by Patrician College, Chennai on 19.12.2020.

✚ Institute of Objective Studies and Dept. of Geography of Jamia Millia Islamia, New Delhi organised a National webinar on the theme "Impact of COVID 19: A Gender Perspective" on 08.03.21. ***The Director of CWS, Dr. S. Jameela was one among the Panelists*** and spoke on "Women and the New Normal:Challenges faced and Resilience"


CENTRE FOR WOMEN'S STUDIES-PHOTO GALLERY (2020-21)

WEBINARS


JUSTICE BASHEER AHMED SAYEED COLLEGE FOR WOMEN
(AUTONOMOUS)
CENTRE FOR WOMEN'S STUDIES
AND
TAMILNADU ADVANCED TECHNICAL TRAINING INSTITUTE
(TATTI)
PRESENTS

INTERNATIONAL WEBINAR ON
LEARNING TO LIVE WITH COVID 19


SPEAKER

 **RAMYA BALAKRISHNAN** B.E., MBA-FIN
DIRECTOR - PEOPLE POSSIBILITIES ADVISORY MALAYSIA

HOSTED BY

 **Mr. JOSHUA GERARD**
COO - TATTI

03 JUNE 2020
10:00AM - 11:00AM



Justice Basheer Ahmed Sayeed College For Women (Auto), Chennai
College with Potential For Excellence
Centre For Women's Studies
Invites you to a Webinar on
Challenges and Chances For Today's Women

Resource Person
Mrs. A. VIJAYALAKSHMI
PSYCHOLOGICAL COUNSELOR & PATRON
YUVA SHAKTHI

02. 07. 2020 / 10.30 am - 11.30 am

Zoom Meeting Id : 830 1399 7162
Password : 272020

Hosted By
Dr. S. Jameela
Director
Centre for Women's Studies

Dr. Shanaz Ahamed
Principal

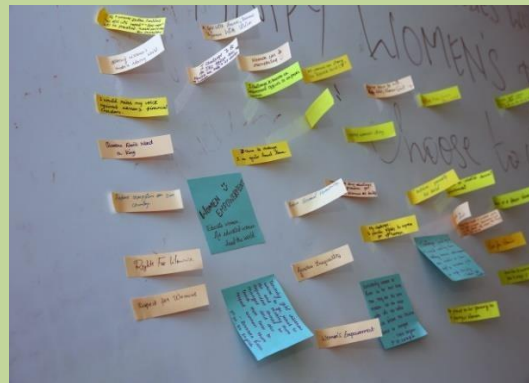
No Registration !
Participants who need a certificate may send details to cwswebinar2020@gmail.com



ONLINE INTER-DEPARTMENTAL COMPETITION




WOMEN'S DAY CELEBRATION





BEST LOGO :







IBAS College for Women
Centre for Women's Studies
 presents
Women's Day 2021
INTER DEPARTMENTAL CONTEST
"DESIGN A LOGO FOR CWS"

- 5 participants /dept
- Individual creation only
- Prize for best logo on 08.03.2021
- Participation certificate
- Submission : Hardcopy to Room No. 207
Softcopy to jbascwactivities@gmail.com
- Deadline : 05.03.2021
- Contact : 7358540506 / 7010851076

Dr. S. Jameela
 Director, CWS


Justice Washeer Ahmed Saheed College for Women
College with Potential for Excellence
Centre for Women's Studies
CELEBRATES WOMEN'S DAY
08.03.2021

Inspirational Talk
 on
**"O' BeYoutiful Women :
 Develop Leadership Potential
 and become Visible"**



Chief Guest & Sponsor
Ms. Nisha Nufumdeen
Assistant Professor, Department of English, Faculty of Education, Government College of Education, Kottayam

@ GOLDEN JUBILEE SEMINAR HALL
10.00 A.M.

Mr. Faizur Rahman Sayeed L.L.B.(Bar-at-Law) <small>Secretary & Correspondent</small>	Justice G.M. Akbar Ali <small>Advisor</small>
Dr. (Mrs.) Shanza Akhamed <small>Principal</small>	Dr. S. Jameela <small>Director, CWS</small>

Women's Day 2021 Theme
**"Women in Leadership:
 Achieving an equal future
 in a COVID-19 world"**
ChooseToChallenge | IWD2021

ONLINE CERTIFICATE PROGRAMME



Justice Basheer Ahmed Sayeed College for Women
(AUTONOMOUS)
College with Potential for Excellence

Centre for Women's Studies

In association with
Global Adjustments Foundation
presents

"Champion Woman Life Leadership"
Online Course for III yr UG

- From : 06.03.2021 (only on Saturdays - 5 weeks)
- Time : 9.30 a.m. - 11.30 a.m.
- Through : Virtual Platform

Course Objectives

- to help aspiring young women to become achievers
- to make them employable
- to equip them with tools for life leadership
- to fill the gender-gap in India's productive workforce
- to create a generation of self-powered women with values

Course Schedule

Day 1	How to enhance your self esteem and be a leader	Self Esteem and Goal Setting
Day 2	How to create a BRAND U and prioritize self care	Fitness and grooming, Time / ME management
Day 3	How to come across confident and assertive reaching goals	Expressive Communication and career ready skills
Day 4	How to use gender understanding and strengthen 2 top leadership traits	Gender Sensitivity and Networking
Day 5	How to build your inner toughness and steady emotions	Optimism, Resilience and Emotional Strengthening

Course Outcome

- self image enhancement
- holistic growth & self confidence building
- empowering young minds
- e-certificates for successful participants

Dr. S. Jameela
Director, CWS



Certificate Programme 06.03.2021.mp4


GETTING TO KNOW...ME

1 My name is: Lakshmi Subramanian
I am the Executive Director and Marshal Goldsmith Certified Leadership Coach

2 My husband, two children and mom...
I am the sandwich generation.

3 I am a woman- that is my super power
I share the lessons of my life journey with Championwoman girls in training

4 I am a fitness enthusiast and a foodie
I am a Vegetarian, I cook and eat delicious meals every day, and exercise the fat off!



Lakshmi Subramanian

Certificate Programme 06.03.2021.mp4

Championwoman Big picture

Day 1	How to enhance your self esteem and be a leader	Self Esteem and Goal Setting
Day 2	How to create a BRAND U and express yourself	Fitness and grooming, Expressive Communication
Day 3	How to use gender understanding and strengthen leadership traits	Gender Sensitivity and Networking
Day 4	How to build your inner toughness and steady emotions	Optimism, Resilience and Emotional Strengthening
Day 5	How to be JOB ready	Be your own boss / Interview/Career ready

Lakshmi Subramanian



Present

#SHEGLOWS

Health and Fitness

Lakshmi Subramanian

Certificate Programme 13.03.2021.mp4



Lakshmi Subramanian

Aspire to be healthy with right food, exercise and sleep



EXERCISE

HEALTH FOOD

SLEEP

GLOBAL ADJUSTMENTS FOUNDATION

Certificate Programme 20.03.2021.mp4



Lakshmi Subramanian

Dr. S. Jeyanthi



Certificate Programme 20.03.2021.mp4



Lakshmi Subramanian

GENDER SENSITIZATION PROGRAMME

Justice Basheer Ahmed Sayeed College for Women
 (AUTONOMOUS) (FORMERLY S.J.E.T. WOMEN'S COLLEGE, CHENNAI)
 Re-accredited by NAAC in 2015 with an outstanding CGPA of 3.61 (out of 4) at Grade 'A'
College with Potential for Excellence

**Internal Quality Assurance Cell (IQAC)
 &
 Centre for Women's Studies**

Invite you to a
2 - Day Gender Sensitization Programme

**27/03/2021
 &
 29/03/2021**

Skills for Holistic Development among Young Students

Women Empowerment & Gender Equality

Health Sensitivity for Girls in the New Normal

Sensitizing the Self against the Insensitivity of Others

**Mr. Faizur Rahman Sayeed L.L.B.(Bar-at-Law)
 Secretary & Correspondent**

**Dr. N. Sujatha
 Coordinator, IQAC**

**Dr. (Mrs.) Shanaz Ahamed
 Principal**

**Dr. S. Jameela
 Director, CWS**

Gender Sensitization Programme-27.03.2021.mp4

Dr. S. Jameela

10:54 / 2:36:41

Gender Sensitization Programme-27.03.2021.mp4

**"HEALTH SENSITIVITY FOR GIRLS
 IN THE NEW NORMAL"**

By
**NITHYASHRI RK
 LEAD NUTRITIONIST
 SECURRA SUGAR CARE
 AMTEX SOFTWARE SOLUTIONS**

10:54 / 2:36:41

Gender Sensitization Programme-27.03.2021.mp4

Benefits to Eating Breakfast

- + Feel more energized
- + Improved concentration and focus
- + Weight control
- + Metabolism boost
- + Controls hunger for the rest of the day/ prevents you from overeating at your next meal
- + Helps lower "bad" cholesterol (LDL)
- + Brighter and happier mood
- + Improves memory
- + Can be a great source of nutrients and vitamins
- + You get to eat some amazing foods

10:54 / 2:36:41

Gender Sensitization Programme-27.03.2021.mp4

Dr. S. Jameela

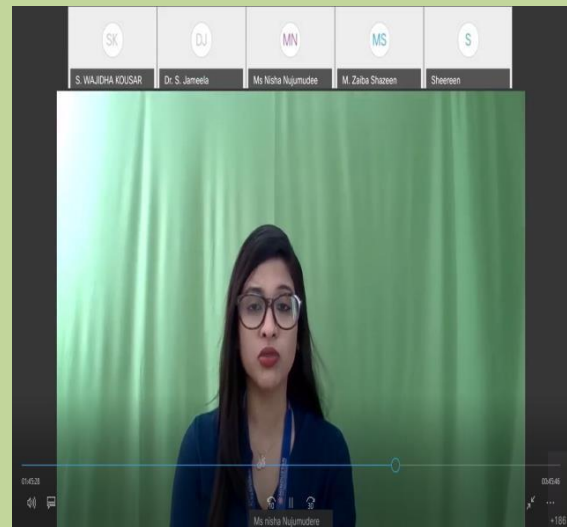
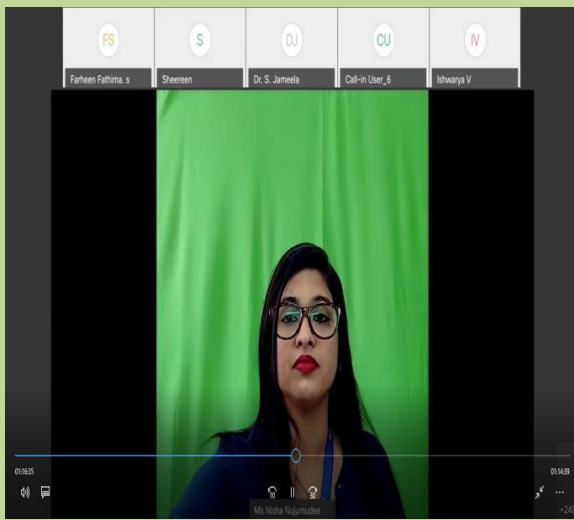
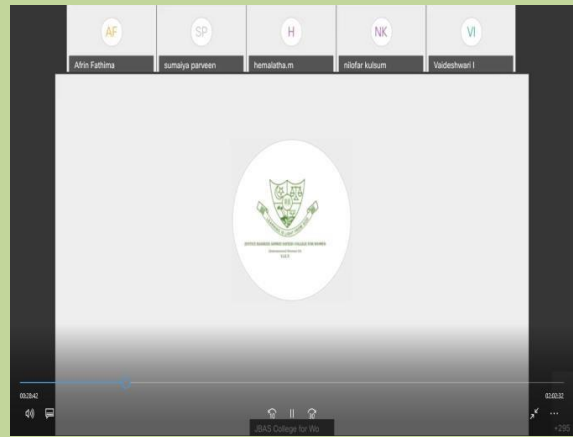
1:13:39 / 2:36:41

YUVA SHAKTHI
 presents

**Sensitising the Self against
 the Insensitivity of Others**

Ashiq Othara

1:13:39 / 2:36:41



National Seminar (Online)
On
IMPACT OF COVID-19: A GENDER PERSPECTIVE
March 9, 2021
Organized by
Department Of Geography, Jamia Millia Islamia, New Delhi
In Collaboration with
Institute of Objective Studies (IOS), New Delhi

BREAK: 1.00 pm-3.30 pm.
TECHNICAL SESSION-II
3.30 pm-4.30 pm.
Google Meet Link: <https://meet.google.com/afmz-afmz-afmz>

Chairpersons: Prof. Arvinder S. Anand, Head, Dept. of Sociology, JMI, New Delhi Co-Chair: Dr. Fatima Zaheda, Associate Prof. Dept. of Geography, JMI, New Delhi	
Prof. N. Manimalkal, Professor of Economics, Director and Head, Department of Women's Studies, Bharathidasan University, Thanjavur, Tamil Nadu.	Impact of Covid-19 Pandemic on Women's Work-Perceiving Challenges
Dr. A. Jaleel, Director, Centre for Women's Studies, Jamia Hamdard, Aligarh Muslim College for Women's Studies, Chennai	Women and the New Normal: Challenges Faced and Resilience
Dr. Farahkha Sarwar, Assistant Professor, Advanced Centre of Women's Studies, AMU, Aligarh	Amplified Inequalities due to Covid-19: A Study of Women Working in Lock Industries of Aligarh
Prof. Anwarul Haq, Professor and Head, Department of Sociology, University of Kashmir, Srinagar	Inequitable Gender Impact of Covid-19 Pandemic: Experiences From Kashmir

Director as
Resource Person

Patrician College of Arts and Science
A Cluster Minority Institution
Affiliated to the University of Madras and Accredited 'A' Grade by NAAC
Awarded 'C' Grade with 'A' in 'A' among the Non-Autonomous Colleges in India
Awarded 'C' Grade with 'A' in 'A' among the Non-Autonomous Colleges in India
Awarded 'C' Grade with 'A' in 'A' among the Non-Autonomous Colleges in India

PATRICIAN INSTITUTION'S WOMEN CELL
INVITES YOU TO JOIN WITH US ON
WOMEN EMPOWERMENT AND GENDER EQUALITY

Dr. Mrs. S. JAMEELA
Associate Professor, Dept. of Political Science and
Director, Center for Women's Studies
J.B.S. College for Women, Chennai

On Saturday 13th December 2020
Time: 2 am to 12 noon

Mrs. Ajitha Parinina, Coordinator
Dr. Usha George, Principal
Dr. Fatima Vasanth, Academic Director
Dr. S. Anandkumar, Director & Secretary



Wajida Kowsar
Secretary, CWS
Dept. of Political Science



Krithika Annalakshmi
Secretary, CWS
Dept. of English



I Mukthiyar Basha
System Assistant, CWS



Dr. S. Jameela
Associate Professor of Political Science

S. Jameela

Director, CW