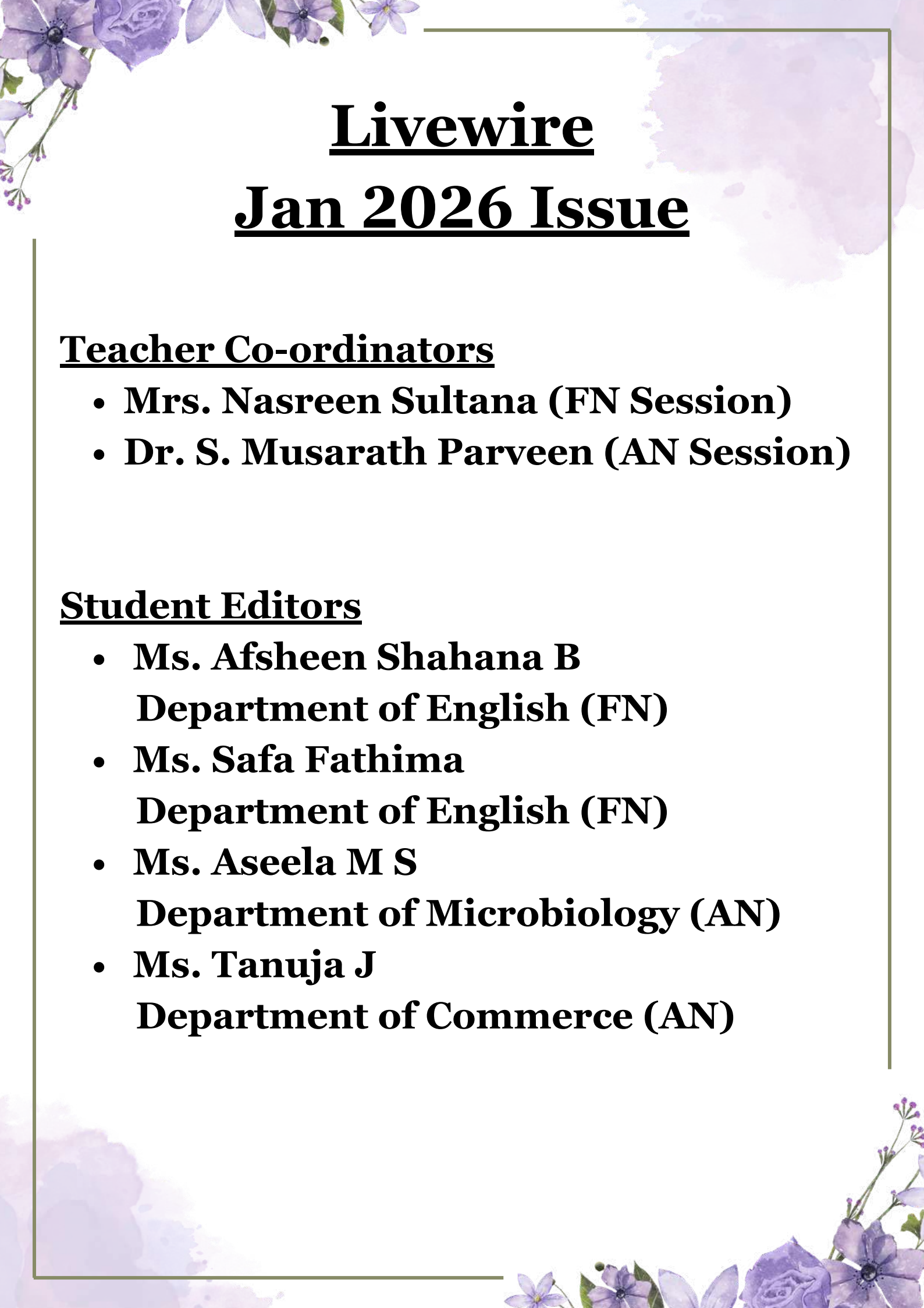




Livewire

Jan 2026 Issue

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DEPARTMENT OF ENGLISH (FN) **SKILL DEVELOPMENT PROGRAMME 2026**

The PG and Research Department of English, Justice Basheer Ahmed Sayeed College for Women (Autonomous), Chennai, marked the beginning of the academic year 2023–2024 with the Skill Development Programme conducted on 23rd January 2026. The morning was filled with energy as students from B.A. English, and M.A. English moving into different halls and classrooms to take part in workshops on Personality Development, The Magic of Performing Arts, From Campus to Career: Skills that Matter, Practical Skills for Emerging Leaders, Critical Thinking, Content Writing, Group Discussion, and Express to Excel: Skill Building for College Students.

Each session created its own atmosphere, from lively discussions and spontaneous laughter to moments of reflection and thoughtful exchange. The resource persons, including Ms. Aanpoorani Barani, Theatre Artist, Mr. Raghavan Sridhar, Public Speaker, Ms. Jayashri Soundararajan, Corporate Trainer, Ms. Ankansh Dinah Thomas, Corporate Trainer, Mr. T. M. Guruprasad, Toastmaster and Trainer, Ms. Khannachan, Presales Consultant, and Ms. Arunmozhi, Corporate Trainer, brought warmth and practical insight to their sessions.

Students were encouraged to speak up, question, perform, write, and even step a little outside their comfort zones. By the end of the programme, there was a visible sense of confidence in the rooms, not just because new ideas were shared, but because students felt heard, challenged, and inspired. The day concluded on a positive and memorable note, setting an encouraging tone for the academic year ahead.



CENTRAL LIBRARY (FN).

REPORT ON ONE DAY SEMINAR

The Central Library organized a one-day seminar titled “Time to Top – Training Session for Competitive Exam Aspirants” for UG students on 29 January 2026 from 10:00 a.m. to 1:00 p.m. at the Library Convention Hall.

The seminar consisted of three sessions: General Tamil by Dr. M. Nadhiya, History by Dr. S. Nazeemunnisa Begum, and General English by Dr. Nihal Zainab. A book display of UG-level competitive examination materials was also arranged at the venue.

The programme aimed to guide students preparing for TNPSC and other competitive exams by providing preparation strategies and motivation. A total of 119 students participated, and e-certificates were issued to all participants.





DEPARTMENT OF MATHEMATICS (FN) **REPORT ON INTER CLASS COMPETITION -** **MATH EXPO 2026**

The Department of Mathematics (Shift–1), Justice Basheer Ahmed Sayeed College for Women, through the Matrix Club, organized the Inter Class Competition Math Expo on 22 January 2026 from 10:30 a.m. to 1:00 p.m. at Rooms 89 and 91, Main Block.

The programme began with a prayer by Ms. Sabeena, followed by a welcome address by Ms. Afrah Yumn, President of the Matrix Club. Ms. Kifaya Safrin, Secretary of the Matrix Club, served as the Master of Ceremonies. The competition included off-stage events such as Geometric Pixels (Math Pic), Visual Mathematics (Math Collage), and Mathematico (Model Making).

Students participated enthusiastically in teams, showcasing their creativity and mathematical understanding through innovative models and visual presentations, which were evaluated by the judges through interactive Q&A sessions and constructive feedback.

Dr. Anjum Mam and Dr. Aruna Mam announced the winners. The event was a grand success, providing students an opportunity to explore Mathematics beyond textbooks, strengthen conceptual clarity, build confidence, and enhance teamwork and academic skills.

The programme concluded with a vote of thanks by Ms. Halima, Joint Secretary, followed by the National Anthem.





DEPARTMENT OF MATHEMATICS (FN)

REPORT ON MATH OLYMPIAD 2026

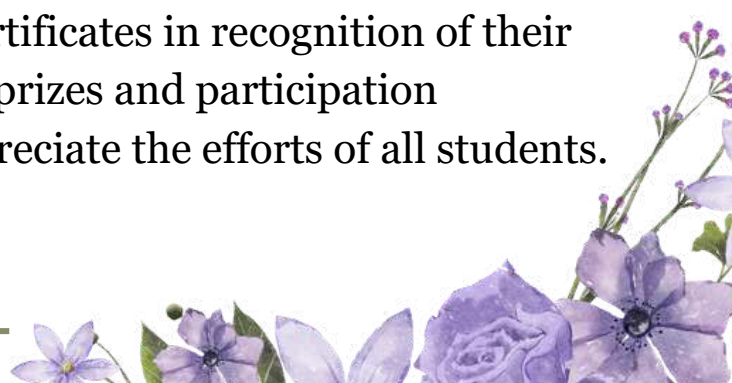
The Department of Mathematics (Shift-I), Justice Basheer Ahmed Sayeed College for Women, through the Matrix Club, organized the Math Olympiad 2026 on 23 January 2026 at 10:00 a.m. in Room No. 89. Students from various schools, particularly XI and XII standard girl students, participated enthusiastically.

The programme began with a welcome address by Ms. Afrah Yumn, President of the Matrix Club, who emphasized the importance of Mathematics in developing analytical thinking, logical reasoning, and strong problem-solving skills essential for academic excellence and competitive examinations. She encouraged students to approach Mathematics with confidence and curiosity rather than fear.

The Olympiad included well-structured and thought-provoking questions on Algebra, Trigonometry, Statistics, Probability, Calculus, and other topics as per the State Board syllabus. The competition aimed to test conceptual clarity, speed, and accuracy, while also fostering a spirit of healthy academic competition among the participants.

Participants later visited the Math Expo Exhibition, where innovative mathematical models, working charts, puzzles, and visual representations were displayed to enhance conceptual understanding and practical application of mathematical theories. The exhibition created an engaging learning atmosphere and sparked interest among visiting students.

Winners were awarded trophies and certificates in recognition of their outstanding performance. Consolation prizes and participation certificates were also distributed to appreciate the efforts of all students.





DEPARTMENT OF PG STUDIES & RESEARCH IN HOME SCIENCE (FN)

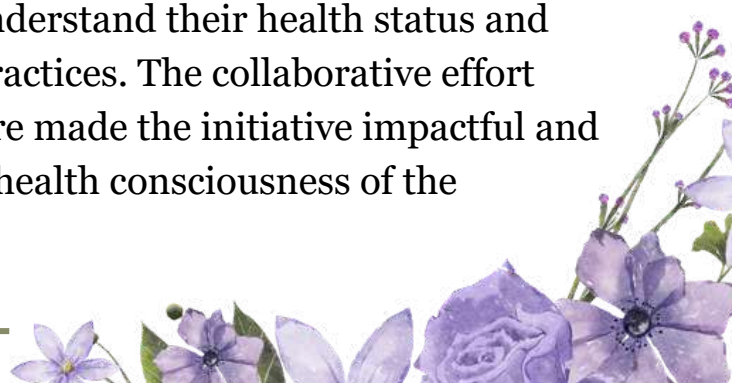
NUTRI CLUB REPORT

The Nutri Club of the Department of PG Studies and Research in Home Science, in collaboration with MGM Health Care, successfully organized a Free Health Camp on 12 January 2026 at the Main Block. The primary objective of the camp was to promote health awareness, encourage preventive healthcare practices, and provide accessible basic medical screening services to students, faculty, and staff members.

The camp offered a wide range of free screening services, including Body Mass Index (BMI) assessment, random blood sugar testing, blood pressure monitoring, dental check-ups, eye examinations, and bone density testing. Qualified healthcare professionals conducted these assessments and provided immediate feedback to participants. These screenings helped individuals identify potential health risks at an early stage and encouraged them to take necessary preventive measures.

In addition to the medical services, the Nutri Club organized an informative Food Display titled “Unhealthy Foods vs Healthy Alternatives.” The display visually compared commonly consumed processed and high-calorie foods with healthier, nutrient-dense substitutes. For instance, sugary beverages were replaced with fresh fruit juices or infused water, fried snacks were compared with baked or roasted options, and refined grains were substituted with whole grains. The display emphasized the importance of balanced nutrition, portion control, and mindful eating habits. It aimed to educate participants about making smarter dietary choices in their everyday lives.

Participants actively engaged in the camp activities and made full use of the services provided. Based on their screening results, individual counseling sessions were conducted, focusing on balanced diet planning, regular physical activity, stress management, adequate hydration, and routine health monitoring. Personalized guidance helped participants understand their health status and motivated them to adopt healthier lifestyle practices. The collaborative effort between the Nutri Club and MGM Health Care made the initiative impactful and meaningful, contributing significantly to the health consciousness of the participants.



DEPARTMENT OF BOTANY (FN) **THE GUEST LECTURE PROGRAM**



A guest lecture titled “Tiny Tools, Big Impact: Applications in Biomedical Science” was conducted on 07 January 2026 by the Department of Botany under the Herbal Harmony Club in Botany Lab-1. Dr. M. Kamaraj, Associate Professor and Head, Department of Biotechnology, delivered the session. Around 120 students and faculty members attended.

The lecture focused on the role of nanotechnology in medicine, biosensors in disease diagnosis, microdevices, targeted drug delivery systems, and modern microscopic and molecular research tools. The speaker explained how these tiny biomedical tools contribute significantly to early diagnosis, effective treatment, and scientific innovation in healthcare.

The session was highly informative and interactive, enabling students to connect theoretical knowledge with practical applications. It enhanced their understanding of emerging biomedical technologies, strengthened research orientation, and motivated them to pursue higher studies and careers in the field of life sciences.

CONSUMER RIGHTS ASSOCIATION (AN) **INTER-DEPARTMENTAL COMPETITION - PRISM**



The Consumer Rights Association proudly organized its inter-departmental competition, PRISM: Decode, Debate, Design Perspectives, on 30 January 2026. This dynamic event brought many students from various departments together, creating a vibrant space for intellectual exchange, creativity, and practical engagement.

The event sought to achieve several key objectives: to promote awareness of consumer rights and responsibilities, to encourage critical thinking about consumer behavior, and to provide a platform where creativity and debate could flourish. It also aimed to bridge the gap between consumers and sellers by educating both groups about their respective roles in fostering ethical practices.

The day began with the recitation of verses from the Holy Qur'an, led by Ayesha from 2nd B.com General. The verses, along with their meaning, were shared to invoke blessings of the almighty and set a thoughtful tone for the day's proceedings. A warm welcome address delivered by Ms. Farzana Fulara from 3rd BBA, setting an enthusiastic tone for the proceedings

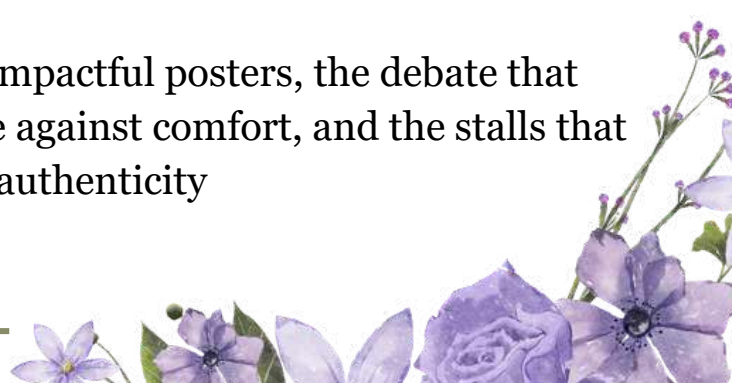


The Masters of Ceremony were Ms. Aafreen from 3rd B.com Honours and Ms. Saniya Kauser from 3rd BBA, along with Mrs. Ishrath Parveen, Coordinator of the Consumer Rights Association ensured the program unfolded seamlessly, guiding participants through each segment with grace and clarity. Competition rules were explained by Ms. Deepthi Shree for Poster Making competition, Ms. Devadarshini for Debate competition, and Ms. Bhagya Lakshmi for Stalls, while Ms. Rukaiya provided overall clarification. An interesting and interactive quiz session conducted by Ms. Aliya Afreen, that not only tested participants' knowledge but also educated them on consumer rights in an engaging and memorable way.

Three major competitions formed the core of PRISM. The Poster Making contest, themed Save Resources & Shop Responsibly, showcased striking visuals and powerful messages that emphasized sustainability and mindful consumer choices. The Debate, on the motion Consumers Prefer Comfort Over Conscience, featured compelling arguments that highlighted the tension between ethical responsibility and convenience-driven behavior, sparking thought-provoking discussions among participants and the audience alike. Meanwhile, the Stalls activity, titled Truth Behind the Tag, invited participants to explore the hidden realities behind product labels, encouraging them to question authenticity and transparency in consumer goods. Together, these competitions embodied the essence of PRISM by blending creativity, critical thought, and practical awareness.

The event was honored by the presence of Dr. R. Aarthi Ratna, Associate Professor in the Department of Intellectual Property Law, School of Excellence in Law, Tamil Nadu Dr. Ambedkar Law University, Chennai. Serving as both Chief Guest and Judge, Dr. Aarthi Ratna brought academic depth to the occasion, offering valuable insights into the importance of consumer rights in today's marketplace and inspiring students to think beyond conventional boundaries.

Highlights of the day included the visually impactful posters, the debate that challenged participants to weigh conscience against comfort, and the stalls that revealed eye-opening truths about product authenticity



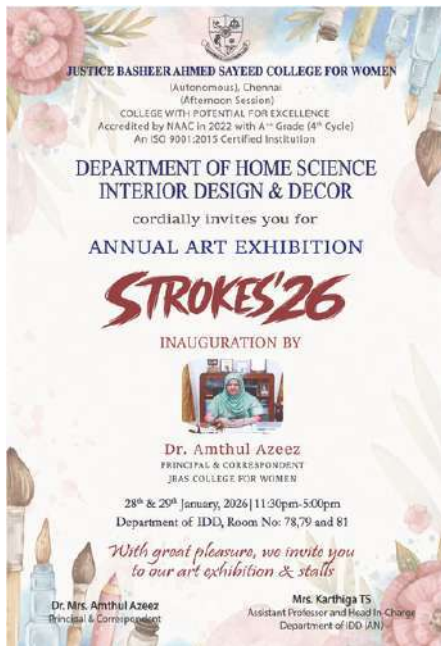


The quiz session added a lively and educational touch, with the most knowledgeable volunteer being recognized by the Chief Guest. These moments not only enriched the event but also left a lasting impression on participants, reinforcing the importance of awareness and responsibility in consumer practices.

The competitions culminated in an awards ceremony where winners were celebrated for their creativity and intellect. In addition, office bearers of the Consumer Rights Association were honored for their dedicated service during the academic year 2025–2026, acknowledging their commitment to advocacy and leadership. A memento was presented to Dr. R. Aarthi Ratna in appreciation of her valuable presence and contribution. Special recognition was also given to the skit participants who performed the skit 'Justice for Juicer Blender' during the inauguration day on 2nd September 2025. Their efforts were applauded and awarded, highlighting the importance of dramatization in spreading consumer awareness. The event concluded with a heartfelt Vote of Thanks delivered by Afrin Banu from 3rd B.sc Microbiology, followed by the National Anthem.

DEPARTMENT OF INTERIOR DESIGN AND DECOR (AN).

STROKES'26



The Department of Interior Design and Decor (AN) of Justice Basheer Ahmed Sayeed College for Women organized its Annual Art Exhibition, “STROKES–26,” from 28th to 30th January 2026. The three day exhibition served as a vibrant platform to celebrate creativity, sustainability, and cultural heritage, while encouraging innovative thinking in design education. The event was inaugurated by the Principal and Correspondent, Dr. Amthul Azeez, in the presence of distinguished dignitaries including Mrs. Bader Sayeed, Chairman, Dr. Mercy Rajasekar, Controller of Examinations, and Ms. Behnaz Sayeed.

Visitors were welcomed by a striking entrance installation designed in the form of a giant painter’s palette, symbolizing the essence of artistic expression. The installation, enhanced with vibrant colours, handcrafted details, and oversized paintbrush elements, created an inspiring atmosphere and set the tone for the exhibition. One of the major attractions was the meticulously crafted miniature model of the college building, which reflected students’ understanding of architectural proportions, façade detailing, and spatial relationships, while also demonstrating teamwork and precision.



The students collaboratively created a detailed miniature model of the college building. This hands-on project enabled students to understand architectural proportions, structural elements, facade detailing, and spatial relationships. Through teamwork and guided supervision, they carefully replicated the building's exterior features, enhancing their practical skills in measurement, scaling, material handling, and craftsmanship. The activity not only strengthened their technical foundation in model making but also fostered coordination, responsibility, and a deeper connection with their institutional environment.

The Third Years display showcased an extensive range of academic and creative works developed across multiple design disciplines. The exhibits reflected students' conceptual understanding, technical skills, and application of sustainability, tradition, and innovation in design. The display integrated Graphic Design, Traditional Interiors & Furniture Design, Textiles, and Landscape Design, demonstrating interdisciplinary learning and professional-level execution.



The Second Years display highlighted students' developing design sensibilities through practical exploration of vernacular interiors, landscape concepts, and interior space planning. The works reflected strong foundational skills in drawing, painting, model making, and thematic design development under faculty guidance. The display emphasized cultural appreciation, artistic techniques, and spatial understanding.

The First Years display presented foundational explorations in art and interior elements. The works reflected students' introduction to materials, surface techniques, craft traditions, and basic model-making skills. The display emphasized creativity, material handling, and understanding of traditional and decorative art forms.



The three-day exhibition successfully showcased the students' creativity, technical expertise, and commitment to sustainability. The event reinforced the importance of eco-friendly design and cultural appreciation in interior design education.



WRITERS' CORNER

WHERE STORIES TURN

A page turns, soft and slow,
Whispers of stories we'll never outgrow.
The ink of yesterday fades away,
Making room for a brighter day.
The past, a teacher, both kind and stern,
Its lessons etched in the pages we turn.
Mistakes and triumphs, tears and laughter,
All leading us to the next chapter.
To leave behind takes quiet might,
To step ahead feels both dark and bright.
But courage blooms where doubt once stayed,
For every ending, a new path is laid.
The blank page waits, unmarked, untold,
A canvas for dreams, for hearts to unfold.
With hope as our pen and faith as our guide,
We write our future with love and pride.
So turn the page, let the story begin,
Each word a step, each line a win.
For life's greatest gift is the chance to create,
A tale of growth, of love, and fate.

Nimra Fathima
3rd B.Com C





THE YEAR IN EMPTY CAVES

The year echoes in empty caves,
Cliffs against crashing waves.

I hear January in everything,
From the birds that sing,
To the flower that blooms,
With hollow beginnings
and cheerful glooms.

I see February sometimes,
An old friend in our youthful primes,
Like a glass half full,
And broken threads
Of dreams, of sorrow, and
common dreads.

When March arrives, so does hope,
A restless transition that's hard to cope,
Changes mixed with pitiful pride,
Reckless ambition, difficult to guide.

I remember April like it was yesterday,
A known month for its luxurious display,
Where fantasies are unstable and frail,
Like hanging creepers in fascinating vales.

May reminds me of unripe fruit,
Branches bending in every route,
Fields heavy with orange and green,
Seeds forgotten but growing unseen.

I found June halfway down the road,
A page filled in ink and words,
Nothing had ended, but nothing was new,
An unsure path noticed by few.





Days in July melted across time,
No memories or triumph chimed,
Distant bells churned with nothing to remember,
A blurred reverie left me to wonder.

A breath was held in August as autumn neared,
Life felt heavy with a dulling fear,
Wind stirred the dry leaves,
Subtle melancholy beneath shadowed grieves.

Weight pressed when September came,
Pressure hummed in sleepless blames,
Anxiety reflected through routine,
Reality drifted in fleeting scenes.

October whispered through the thinning trees,
Eerie and unrelenting mysteries that seize,
Flickering lights stirred in misty streets,
Branches creaking in falling feats.

November rested in silent corners,
Darkness amongst soulful mourners,
A soft reminder with empty chairs,
Restful and forgotten in its flares.

Cold wrapped as December lingered,
Frosted windows, evenings longer,
Acceptance hard to convey,
As the daylight slowly flows away.

The year now sighed in empty caves,
Leaving only the memory of waves

Juwairiah Ishaq
I B.A. English

